

Start number: \_\_\_\_\_



**CONTESTANT'S NOTE OF HAND**  
**on personal responsibility for the life and health**  
*(to be filled out personally)*

I (full name) \_\_\_\_\_,

(hereinafter referred to as the Contestant), IIN \_\_\_\_\_,  
\_\_\_\_\_ DOB, based on identity document: (identity card, residence permit, passport)  
No. \_\_\_\_\_, issued by (*indicate the date of issue and issuing authority*)  
«\_\_\_\_\_», \_\_\_\_\_, voluntarily express my  
consent to participate in **QAZAQ MARATHON TALDYQORGAN 2024** running competition  
(distance : \_\_\_\_\_), arranged by **QAZAQ MARATHON CF** (hereinafter  
referred to as the Organizer), to be held on 11 August 2024 in Taldyqorgan (hereinafter  
referred to as the Competition).

On account of my participation on 11 August 2024 in a running competition, I, the undersigned, confirm, acknowledge and on my own behalf agree to the following:

1. I express my consent to my participation in the Competition and confirm that I am familiar with the terms and conditions of participation in the Competition, and the Competition Regulations, posted on the Organizer's website: <https://www.qazaqmarathon.kz>. (hereinafter referred to as the "Website"), medical contraindications. If the Organizer requests to provide supporting documents, I undertake to provide them.

2. I confirm that my physical fitness and training meets the requirements, that I have required permit from doctors to participate in the Competition and have no contraindications to playing sports that could lead to adverse consequences for my life and health. I bear sole responsibility for my own safety and health;

3. I confirm that I am not in a state of alcohol, drug or other toxic intoxication, and I also confirm, in a state of full legal capacity, that I am not under the influence of delusion, deception, threat, bad faith collusion or a combination of difficult circumstances.

4. On behalf of myself and my heirs, assigns, personal representatives and immediate family members, I hereby certify that the Organizer will not be liable in the event of my death or injury as a Contestant, loss or damage to my property, as well as for any physical damage to me as a Contestant taking place during the Competition, I indemnify the Organizer, their representatives and/or employees, sponsors of the Competition against liability, prosecution and willfully waive any material or other claims/demands, in the event of harm to my life and health, resulting in disability, death, as well as damage or injury to personal property. This waiver applies to my eventual heirs, assigns, and guardians and is valid before, during, and after the Competition;

5. If during my presence or participation in the Competition I discover an unusual major threat, including to my health, I undertake to stop participating in the Competition and immediately report the information about such a threat to the Organizer and/or its representative, or other closest accessible official;

6. If an accident occurs to me while participating in the Competition, please report it by phone: \_\_\_\_\_ (*indicate a mobile phone number*);

7. During the Competition, in no case and under no circumstances will I intentionally create situations that could cause harm to other participants, the Organizer and sponsors of the Competition, third parties, as well as their property;

8. Pursuant to the Law of the Republic of Kazakhstan “On Personal Data and Their Protection”, by filling out the registration form to participate in the Competition on the Organizer’s Website and providing the Organizer with documents confirming the information in this Note of Hand, I give my consent to the collection, processing, use and storage of my personal data to the Competition Organizer, provided to him solely for the purpose of ensuring my registration to participate in the Competition;

9. Pursuant to Article 145 of the Civil Code of the Republic of Kazakhstan, in order to popularize sporting events by the Organizer, as well as the activities of the Organizer, I hereby provide my consent to the Organizer or third parties acting on behalf and in the interests of the Organizer, video and photographing of my image ( photograph and/or video) of participation in the Competition, and also provide consent to the publication, reproduction and distribution, use of my image by any means without limitation in time and territory of use. I provide this consent free of charge for an infinite period.

10. I have read the Competition Regulations, and I understand that if they are violated, I may be disqualified.

11. I have read this Waiver Note of Hand. I fully understand the meaning and significance of all foregoing conditions. I sign this Note of Hand willfully and without any coercion, in a state of full legal capacity

Note of Hand Date: \_\_\_\_ 2024

Signature: \_\_\_\_\_